



Girls on Boards

I'M INTERESTED IN BEING A COACH!

Are you a professional woman who wants to give back to her community? Are you passionate about supporting a young woman's professional and personal development? If so, we want you as one of our valued coaches for our Young Directors.

About Girls on Boards

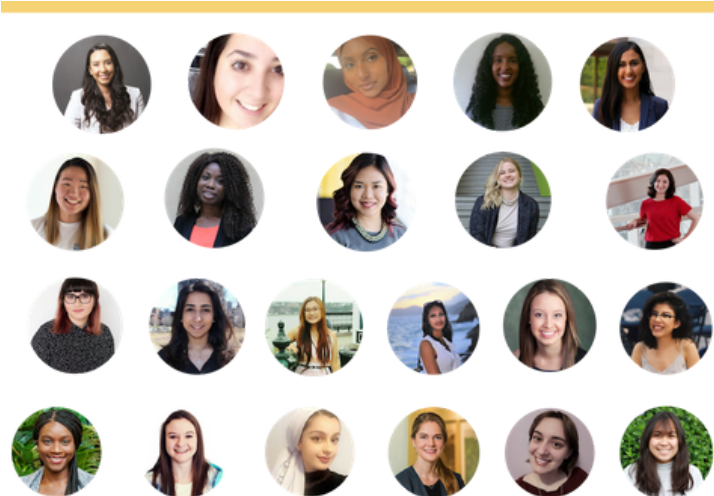
Girls on Boards is an 18-month long program that trains and places young, community-minded women on non-profit boards for a minimum one-year term.

Girls on Boards tackles the two root causes of low female representation on boards:

1. Ensuring young women are qualified to serve on boards through training and experience;
2. Giving directors of non-profit boards the tools to analyze how their boards and organizations can be more gender equitable.

Joining Girls on Boards as a Coach

- Every young participant (aka "Young Directors") is matched with a coach for 18 months
- Coaches and Young Directors meet on a regular basis over coffee or over Skype
- Using a coaching handbook, the Coach refines her ability to mentor a young woman by supporting her through personal and professional development
- Additional opportunities are available to coaches including: taking Ryerson University's onBoards Canada course, G(irls)20's Gender-Based Analysis Training, and optional speaking roles



"The focus on relationship building, coaching, training and Board placement is a good mix that blends real life experience with the theoretical.

The community of women that is being established is one of empowerment and support. I feel honoured to be a part of this community and I'm looking forward to sharing my experiences with others and also to learning from them."

- Carrie Aloussis,
2017- 2018 Coach



GIRLS ON BOARDS

Time commitment

- Total 18 months, beginning Spring 2019
- First 3 months: twice monthly meetings (2 hours each)
- Ensuing months: once per month (1-2 hours each)

What value does the Coach bring to Girls on Boards?

A Coach brings a wealth of life, professional and board experience to the table (literally and figuratively!) We need coaches to support our young female leaders with the skills they need to build their confidence and approach in being a strong female board member for the very first time! Young Directors look to their coaches for advice, support and guidance in their journey as a board member.

Why is Girls on Boards necessary?

- Companies on the TSX have only 14.5% of their board seats filled by women
- While non-profit boards see better representation (approx. 40%) the majority of women on these boards are older professionals with serial board experience, wealth or professional position
- In order to change the status quo at the corporate level, we need young women who come with board experience

Why does this approach work?

- Young women have access to peer-to-peer support and personalized coaching to ensure they are growing professionally and equipped to face the challenges that come up during their placements

For more information and to express interest:

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